Connecting with your Spira Care Team, made easy.

Scheduling appointments, connecting with your care team, checking in for your appointment, and more, all at your fingertips.

Access your patient portal online at MySpiraCare.com or using the athenaPatient mobile app.

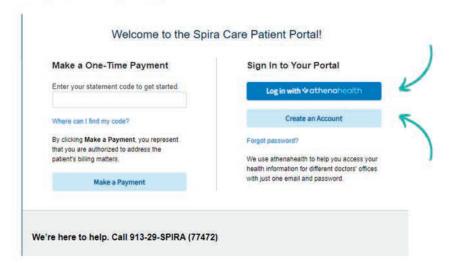


New to Spira Care?

Register for the patient portal by visiting SpiraCare.com/Register and clicking "Create an Account" or call 913-29-SPIRA (77472).

Been here before?

Log in on the same page, clicking "Log in with athenahealth."





Interested in accessing your patient portal on-the-go? Download the athenaPatient mobile app on your smart phone's app store.





Customize your contact information and communication preferences.

Click on the down arrow next to your name in the top right corner to reveal this menu. Click "My Profile" to update your contact information.

Click "Notification Settings" to customize how and when you'd like to get automated reminders or alerts from us through your patient portal.

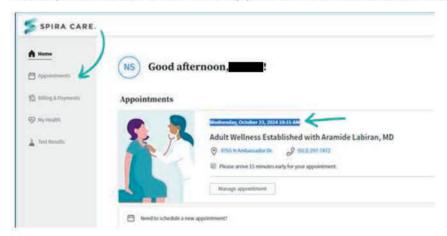




Schedule an appointment or check to see when your next visit is scheduled.

- 1 See your next appointment right on your patient portal homepage.
- 2 Click on the 'appointments' tab on the left side of the screen to view your upcoming appointments or schedule a visit.
- 3 To schedule an appointment online, select "family medicine" under specialty and choose a reason for your visit.

Examples include a wellness appointment, a sick visit, a well child appointment, and more!



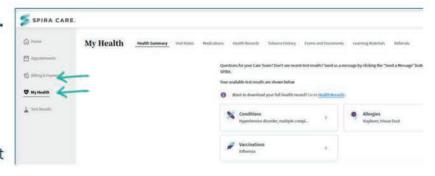
View test results and health records.

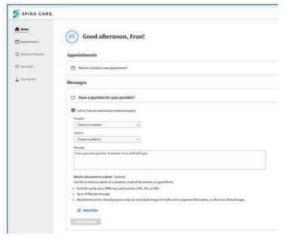
On the patient portal home page, click on "My Health" on the left side of your screen to review your medications list, visit notes, medical records, and more.

Test results are in the "Test Results" tab right under "My Health" in the left navigation.

Send a message to your Care Team.

Have a question for your provider? Reach out through the patient portal for the fastest possible response.





Check in for your appointment online to streamline your visit.



Click "Check In" under the appointment information on your Home Page or in the 'Appointments' tab.

