

Accessing care for the unexpected should be simple. We are here to help. Call your Spira Care Team at **913-29-SPIRA (77472)** if you aren't sure where to go. In case of a medical emergency, call 911 or go to the nearest Emergency Department. In case of a mental health emergency, call or text 988.

**If you are not sure where to go for non-emergency care, first call Spira Care at 913-29-SPIRA (77472).**

## What is a provider network?

Your provider network is the group of providers and facilities you have access to as part of your health coverage and included in your Blue Cross and Blue Shield of Kansas City (Blue KC) health plan. **For a complete list of in-network hospitals and providers, sign into your member account at MyBlueKC.com.**

## Not sure which network you have access to?

Your Blue KC member ID card features the name of your network on the front of the card. Below, you will find a list of in-network hospitals in the local Kansas City area within these Blue KC networks: BlueSelect, BlueSelect Plus, Preferred-Care Blue, and Blue Metro.

			In-Network Hospitals*			
KC Metro Area	Nearest Spira Care Center	Nearest Hospitals	BlueSelect Network	BlueSelect Plus Network	Preferred-Care Blue Network	Blue Metro Network
<b>The Northland</b>	Spira Care Liberty Spira Care Tiffany Springs	Liberty Hospital	✓	✓	✓	
		NKC Health Hospital (formerly North Kansas City Hospital)	✓	✓	✓	
		Excelsior Springs Hospital			✓	
		Saint Luke's North Hospital - Barry Road			✓	
<b>Central KCMO</b>	Spira Care Crossroads Spira Care Independence	University Health Truman Medical Center	✓	✓	✓	✓
		Children's Mercy Adele Hall Campus		✓	✓	
		Saint Luke's Hospital of Kansas City			✓	
<b>Eastern KCMO</b>	Spira Care Independence	St. Mary's Medical Center	✓	✓		✓
		Saint Luke's East Hospital			✓	
		Centerpoint Medical Center			✓	
<b>Southern KCMO</b>	Spira Care Lee's Summit	University Health Lakewood Medical Center	✓	✓	✓	✓
		Research Medical Center			✓	
		Lee's Summit Medical Center			✓	
<b>Kansas City, KS</b>	Spira Care West (Wyandotte)	Providence Medical Center	✓	✓	✓	✓
		The University of Kansas Health System	✓	✓	✓	
<b>Johnson County, KS</b>	Spira Care Olathe Spira Care Overland Park Spira Care Shawnee	AdventHealth Shawnee Mission AdventHealth South Overland Park AdventHealth Lenexa City Center	✓	✓	✓	
		The University of Kansas Health System - Olathe Hospital	✓	✓	✓	
		St. Joseph Medical Center	✓	✓		✓
		Children's Mercy Kansas		✓	✓	
		Menorah Medical Center			✓	
		Overland Park Regional Medical Center			✓	
		Saint Luke's South Hospital			✓	

\*Not sure which network you have access to? Look on your Blue KC member ID card. These network designations are as of January 2026 and subject to change. This is not a comprehensive list of in-network hospitals for BlueSelect, BlueSelect Plus, and Preferred-Care Blue networks. A complete list of hospitals and providers included in your plan's network is available at MyBlueKC.com once you are signed into your member account. Health plans with exclusive access to Spira Care Centers are available through Blue Cross and Blue Shield of Kansas City, an independent licensee of the Blue Cross Blue Shield Association.