

### **SPIRA CARE PLUNGES FOR A GOOD CAUSE – SPECIAL OLYMPICS MISSOURI**

Spira Care Plungers raised over \$2,000 for local athletes

The Spira Care Team joined hundreds of other Kansas Citians and braved the winter temps all for a good cause – Freezin’ for a Reason 2022 – a Polar Plunge to benefit [Special Olympics Missouri](#). Members of the Care Team plunged into Smithville Lake on January 29th, to support local Special Olympics athletes. This was the second-year plungers from Spira Care rallied and raised money to go towards year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities – nearly 17,000 athletes in the Missouri area.

Spira Care plungers included President Beau McNeff, Dr. Kyle Miller, Jan Seals, Alicia Atkins, and Lea Lea. The brave and mighty team raised nearly \$2000 with the help from their Spira Care colleagues. Thanks to all the supporters and big shouts out to Lea Lee for organizing the team and to Anna Finigan, Dr. Becky Gernon and Cynthia Adkins for coming out and cheering on all the participants. The team joined other plungers from Blue Cross and Blue Shield of Kansas City and is already looking forward to next year’s event.

What to get involved? You can still donate [here](#). If you are interested in participating next year reach out to [Lea Lee](#), Spira Care Center Manager, to learn more. Staff and patients are welcome to join in the fun for a good cause!